

Support Services for Adults with Special Needs



Most communities offer programs and services for adults with special needs. These are available through the Department of Defense, Social Security Administration and other federal, state and local agencies. When working with community-based agencies, ask if case managers or service coordinators are provided to help with eligibility requirements, program availability, referrals and applications. The installation Exceptional Family Member Program office can provide assistance and tips when working with community-based agencies.

- Departments of Social Services in each state offer programs and services helping adults with special needs become more self-sufficient. They provide information, assistance and referrals to:
 - Home-based assistance (companion, chore and homemaker services)
 - Adult foster care
 - Adult day care
 - Case management
 - Nutrition education
 - Assessments for adults entering or residing in assisted living facilities
 - Screenings for adults entering nursing facilities or who need Medicaid-funded home- and community-based waivers
 - State Medicaid programs
 - Abuse and neglect prevention

- Departments of Vocational Rehabilitation Services are state-operated and offer a variety of programs and services to locate and maintain employment, including:
 - Assessment (vocational/career assessment, counseling and referral)
 - On-the-job training
 - Supported employment services
 - Job placement services

- Departments of Mental Health, Substance Abuse or Behavioral Services are in every state and offer community-based programming for individuals with mental health, substance abuse or other behavioral issues. While services

vary greatly from state to state, many programs offer:

- Evaluation and vocational or career assessment
- Vocational assistance or programming
- Outpatient clinical services (counseling, therapy)
- Individual service planning
- Residential treatment
- Medication education and management
- Case management
- Support and treatment groups
- Day programs
- Clubhouses
- Psychiatric treatment facilities

- The DoD offers a complete network of quality-of-life support programs and services to enhance the lives of military families including the Exceptional Family Member Program; TRICARE; the Morale, Welfare and Recreation program; and Military OneSource. Examples of programs and services include:
 - Non-clinical case management
 - Family support
 - Special needs information and resources
 - Referrals
 - Respite care
 - Medical treatment
 - Special needs counseling
 - Health and wellness activities

MilitaryOneSource.mil/EFMP

